

**1. Sports Facilities**

**2. Sports Photo**

# **Sports Facilities**



Sports Facilities		
List of Equipments		
S. No.	Name	Quantity
Weight-Lifting		
1	Weight Traning Roads	10
2	Weight plates	10
3	2.5 kg	3 Pair
4	5 kg	3 Pair
5	10 kg	5 Pair
6	15 kg	1 Pair
7	20 kg	1 Pair
8	Collars	20
9	Benches	4
10	Weight Stands	2
11	Squat Stands	1
12	Multi Gym or Separate Station (11 Stations)	1
13	Weight Jackets	2
14	Weight Belts	3
15	Weight Lifting Set	1
16	Dumbble 2.5 kg	1 Pair
17	Dumbble 5 kg	3 Pair
18	Dumbble 7.5 kg	2 Pair
19	Dumbble 10 kg	2 Pair
20	Dumbble 12.5 kg	1 Pair
21	Dumbble 15 kg	1 Pair
22	Dumbble 20 kg	1 Pair
Athletics (Track and Field)		
1	Measuring Tape 15 Meter	1
2	Measuring Tape 30 Meter	2
3	Measuring Tape 50 Meter	1
4	Measuring Tape 100 Meter	1
5	Wire of Marking Track (100 Meter)	2
6	Stop Watch (Ten Lap Memory)	4
7	Strating Clapper	1
8	Stands For Judges At Finish	2
9	Flag Poles	70
10	Strating Blocks	10
11	Stop Boards	2
12	Take of Boards	2
13	Hurdles	50
14	High Jump Stands	3 Pair
15	High Jump Cross Bars	6




16	Shot Put of Men & Women	11
17	Hammers for Men & Women	10
18	Javelin for Men & Women	10
19	Vaulting Box for Jumping	5
20	Relay Betons	6
21	Victory Stand	1
22	Discus	15
23	Mashall Stand	1
24	Ground Roller	1
25	Line Marker Machine	1
26	Medicine Ball	6
27	Drum	3
28	Drum Beat	3
<b>Badminton</b>		
1	Badminton Posts	2 Set
2	Badminton Nets	6
3	Racket	20
4	Shuttle Cock	10 Barrels
<b>Basketball</b>		
1	Basketball Stands & Boards	2 Set
2	Basket Ball	11
3	Baslet Ball Net	4 Pair
<b>Boxing</b>		
1	Gloves	5 Pair
2	Punching Bags	3
3	Ring	0
<b>Cricket</b>		
1	Bat	7
2	Batting Pad	3 Set
3	Batting Gloves	3 Set
4	Abdomonal Guard	3
5	Helmet	3
6	Keeping gloves	2 Pair
7	Keeping Pads	2 Pair
8	Stumps	12
9	Bails	10
10	Cricket Ball	110
<b>Football</b>		
1	Goal Kleeper Gloves	2 Pair
2	Football Post	2 Set
3	Football Ball	9
4	Cornor Flag	4



5	Posts With Flag	8
6	Net	4 Set
<b>Handball</b>		
1	Handball Ball	12
2	Handball Post	2 Set
3	Net	4 Pair
<b>Hockey</b>		
1	Hockey Net	2 Pair
2	Post	24
3	Stick	30
4	Goal keeping Kit	1
<b>Kho-Kho</b>		
1	Poles	2 Set
<b>Lawn Tennis</b>		
1	Posts	2
2	Tennis Ball	1 Box
3	Racket	4 Set
<b>Table Tennis</b>		
1	Table Tennis Ball	2 Box
2	Table Tennis Table	2
3	Racket	6
4	Net	2
<b>Volleyball</b>		
1	Official Chair	2
2	Post	2 Set
3	Ball	20
4	Net	4
5	Antenna	4
<b>Indoor</b>		
1	Yoga Mats	40
2	Yoga Belts	10
3	Yoga Bricks	8
4	Yoga Ball	5
5	Tratak Stand	2
6	Carrom Board	10
7	Chess Board	15
8	Billiards Table	1
9	Ludo	15
<b>Gymnastics</b>		
1	Parallel Bar	1
2	Uneven Parallel Bar	1
3	Horizontal Bar	1

4	Two Roman Ring	1
5	Climbing Ropes	1
6	Mats,Rubber	20
7	Mats Coir	1
8	Balance Beam	1
9	Pummeled Horse	1
10	Multi Gym	1
11	Vaulting Table	1
12	Beat board	1
13	Crash Mat	1

  
 Principal  
 Shri Ram College  
 Muzaffarnagar

# **Sports Photo**

































































































